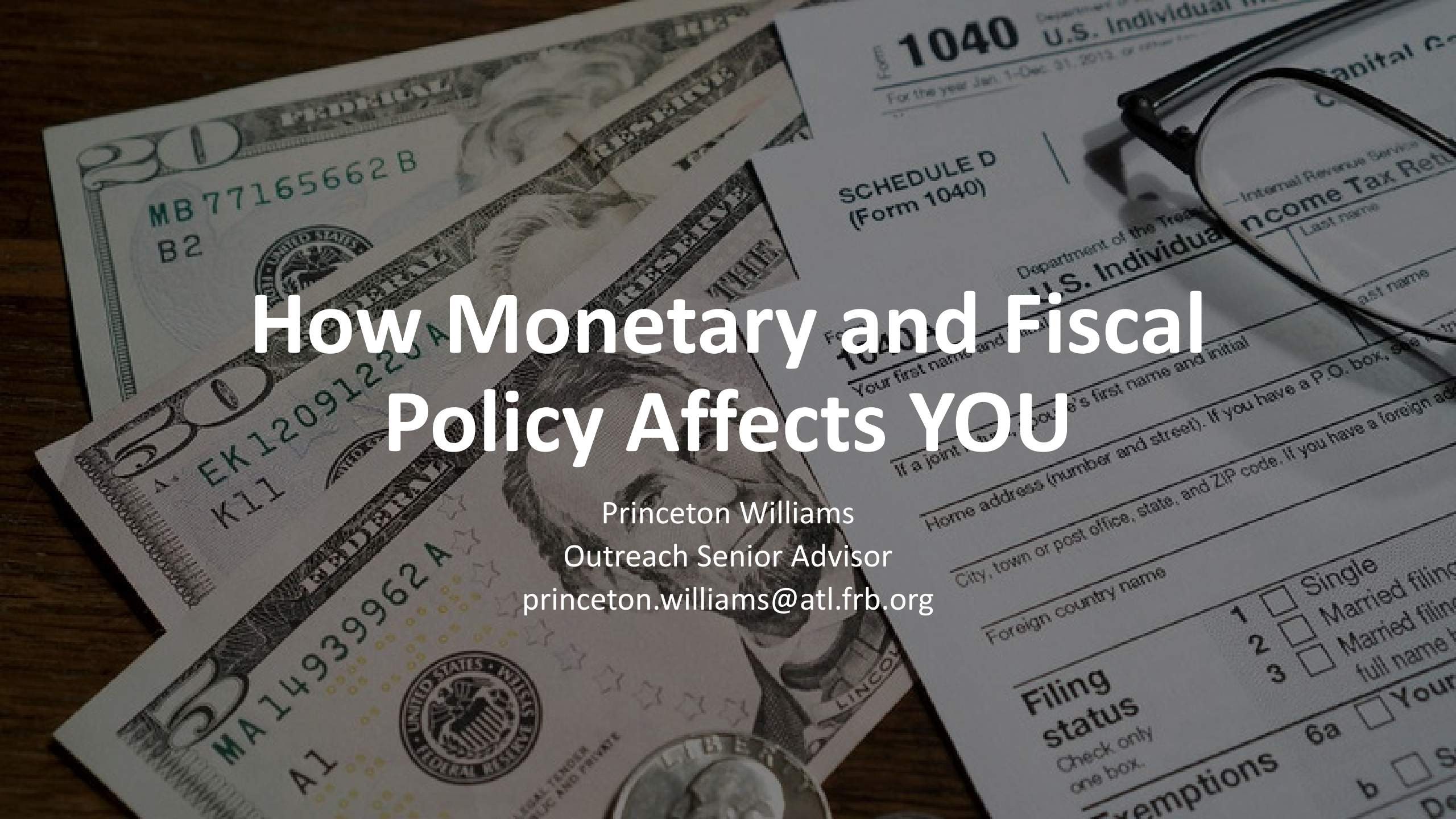




How Monetary and Fiscal Policy Affects YOU

Princeton Williams
Outreach Senior Advisor
princeton.williams@atl.frb.org



The views expressed are those of the presenter. They do not necessarily reflect the views of the Federal Reserve Bank of Atlanta or the Federal Reserve System.

Fiscal Policy

The spending and taxing policies used by Congress and the president

WHO?



Congress



President

Monetary Policy

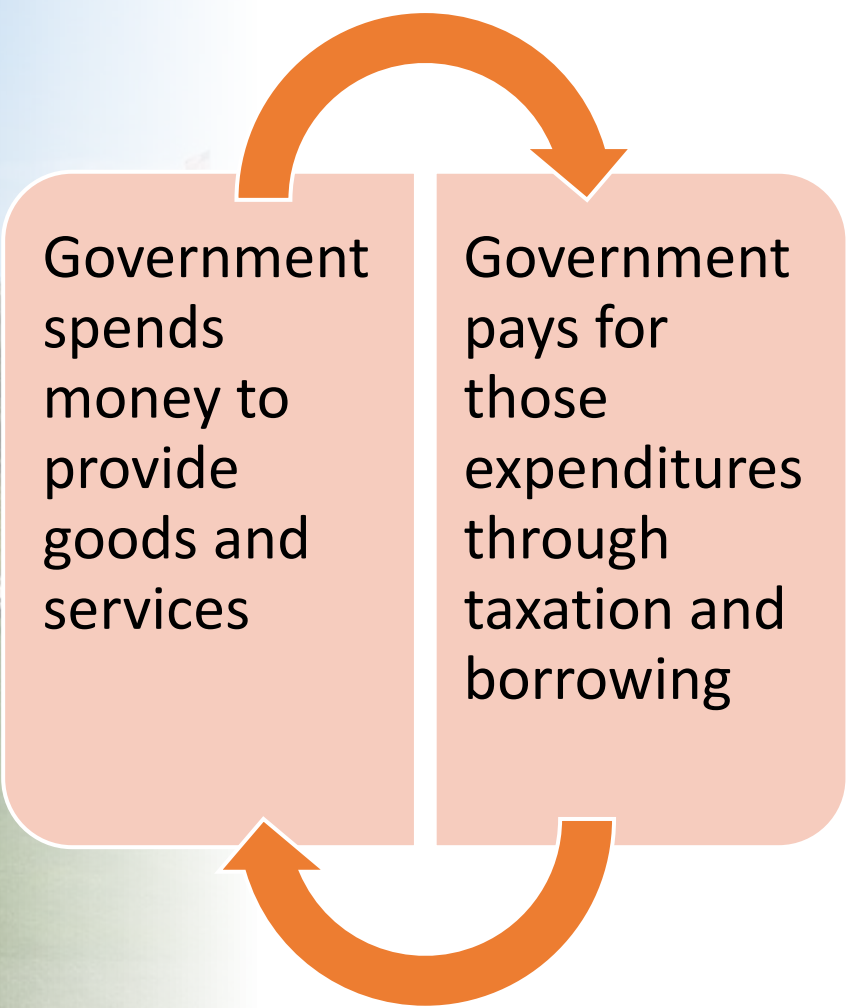
The tools used by the Federal Open Market Committee to influence the availability of credit and the money supply

WHO?



- 7-Nonvoting members
- 4-Rotating votes-district presidents
- 1-New York Fed President
- 7-Board of Governors

Fiscal Policy



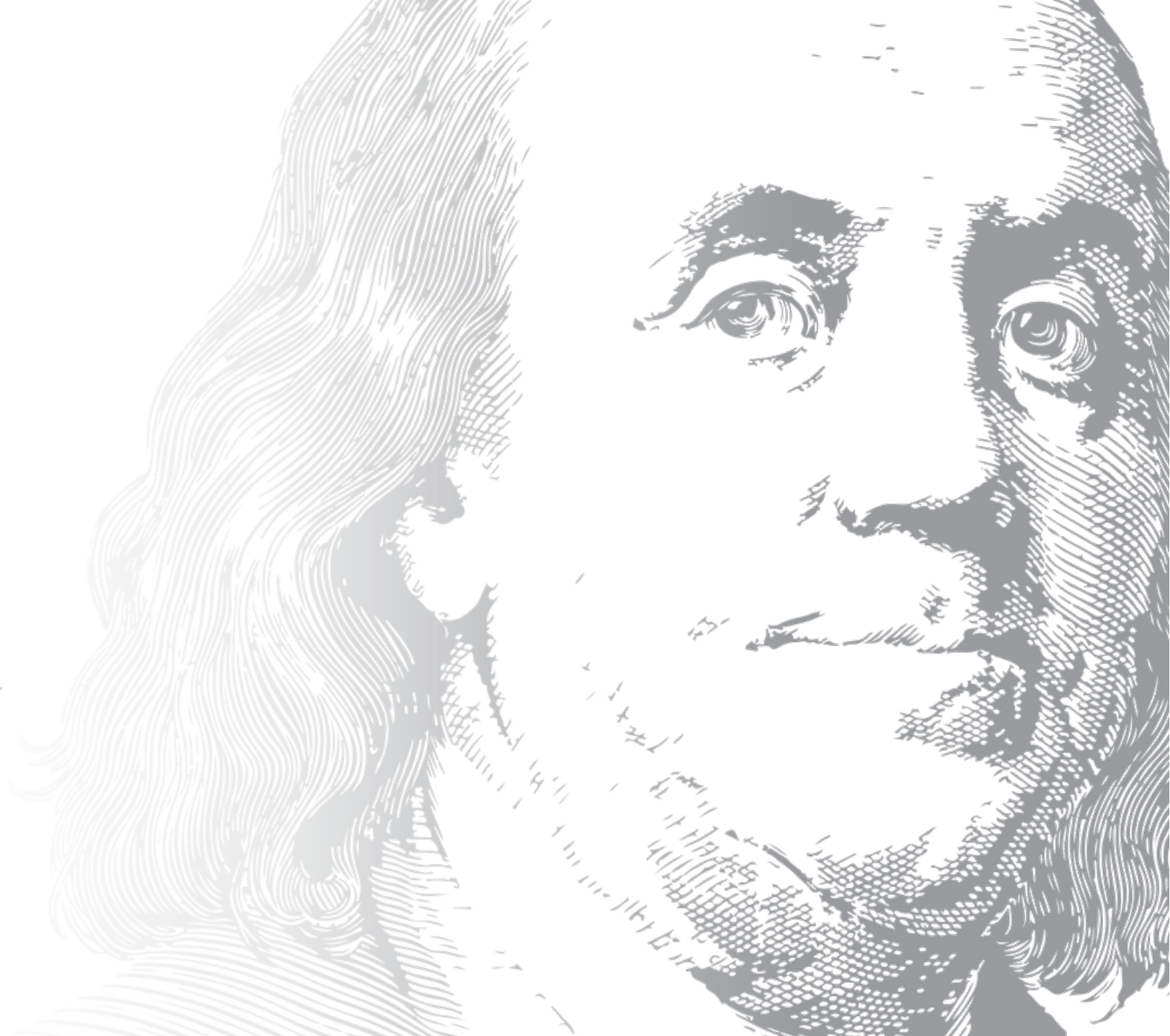
Government spends money to provide goods and services

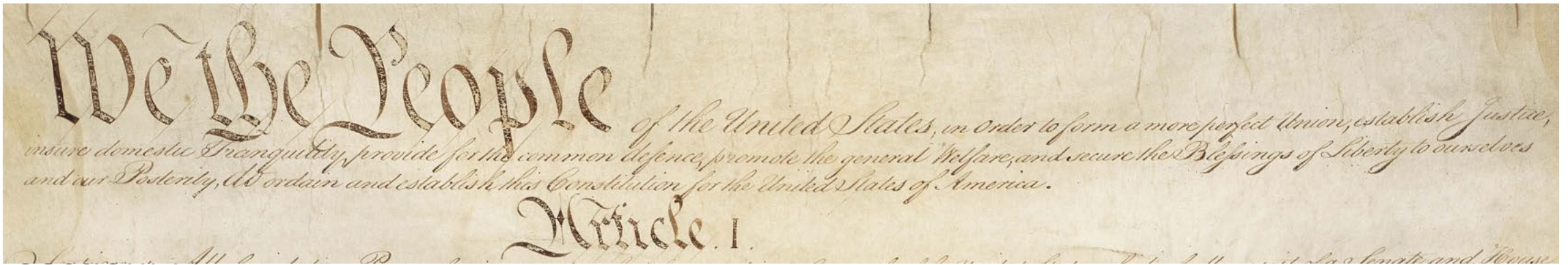
Government pays for those expenditures through taxation and borrowing



“Our new Constitution is now established, everything seems to promise it will be durable; but, in this world, **nothing is certain except death and taxes**”

— Benjamin Franklin, in a letter to Jean-Baptiste Le Roy, 1789





Section. 7.

All Bills for raising Revenue shall originate in the House of Representatives; but the Senate may propose or concur with Amendments as on other Bills.

Every Bill which shall have passed the House of Representatives and the Senate, shall, before it become a Law, be presented to the President of the United States; ...

Section. 8.

The Congress shall have Power To lay and collect Taxes, Duties, Imposts and Excises, to pay the Debts and provide for the common Defence and general Welfare of the United States; but all Duties, Imposts and Excises shall be uniform throughout the United States;

To borrow Money on the credit of the United States;

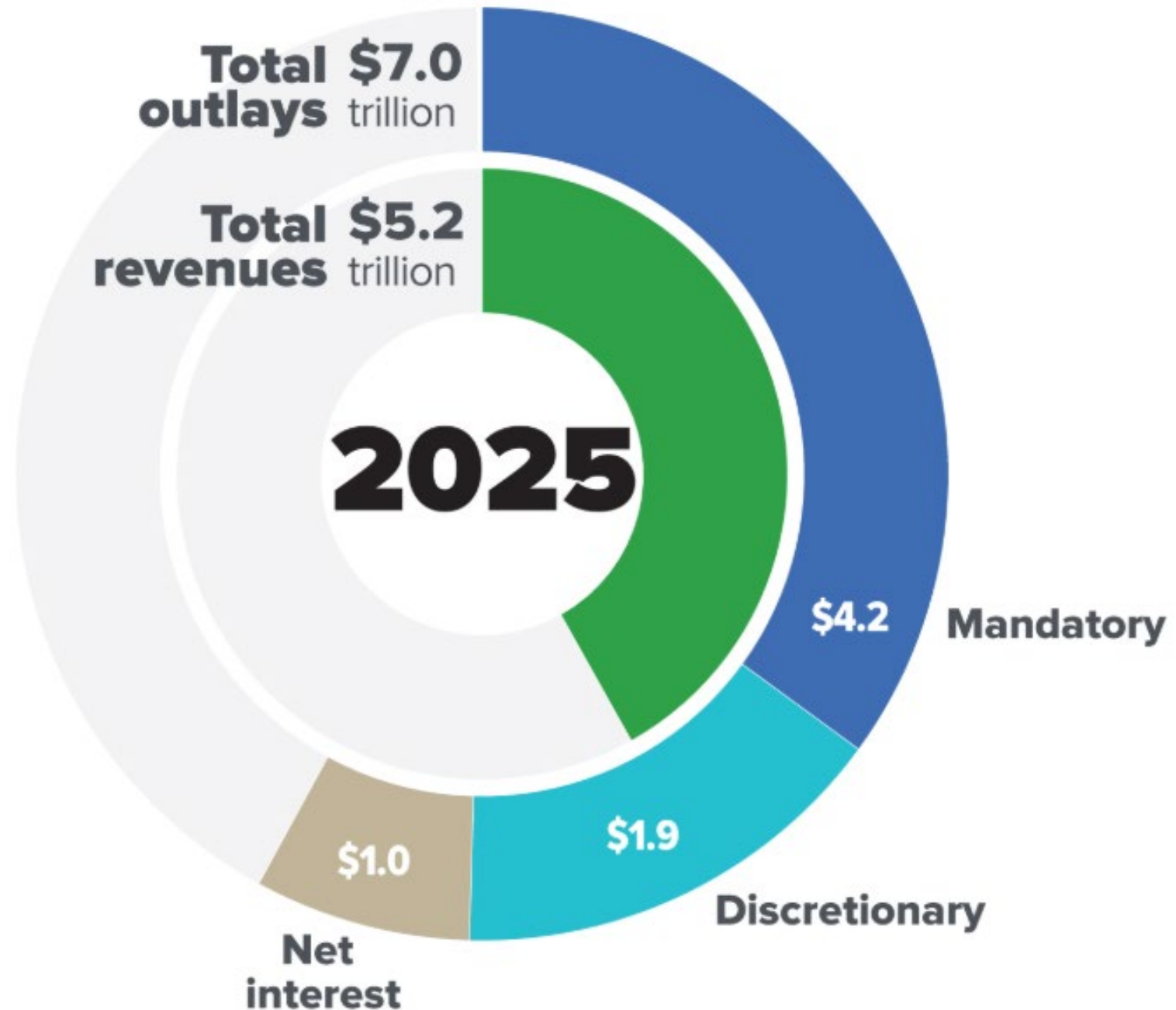


Phil Kinnaman

Phil Kinnaman & Associates, Inc.

The Federal Budget in Fiscal Year 2025

<https://www.cbo.gov/publication/61950>



Categories of the Budget

Mandatory Spending

Primarily payments for benefit programs whose eligibility rules and benefit formulas are set by law

Discretionary Spending

Spending that lawmakers control through appropriation acts

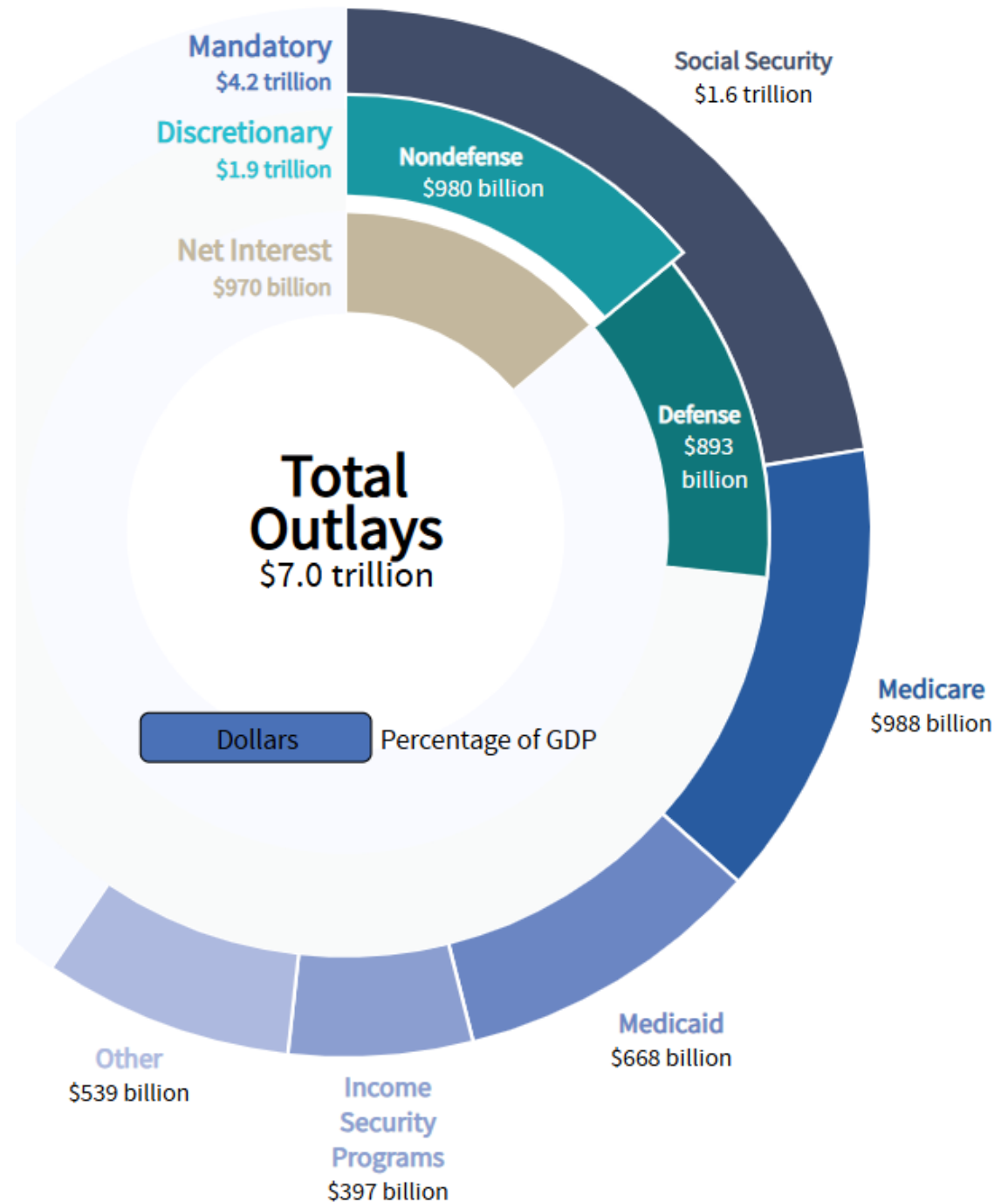
Net Interest

The government's interest payments on debt held by the public, offset by the interest income that the government receives

Revenues

Taxes and other funds collected from the public that arise from the government's exercise of its sovereign powers

What categories of Federal outlays affect you?



Mandatory Outlays

\$4.2
trillion

Student loan programs
-\$86

In accordance with the budgetary procedures used for federal credit programs, outlays for **student loan programs** represent the expected total lifetime costs of outstanding loans. In September 2025, the Administration recorded a reduction in outlays of \$131 billion resulting from modifications to student loans authorized in the 2025 reconciliation act.

Non-Medicare offsetting receipts
-\$178

Billion

Offsetting receipts are funds collected by government agencies from other government accounts or from the public that are credited as an offset to gross spending. **Non-Medicare offsetting receipts** include intragovernmental payments for federal employees' retirement benefits and receipts related to natural resources (such as those from oil and gas exploration and development). The effects of offsetting receipts related to Medicare are included in the total shown for Medicare outlays.

Major health care programs
\$1,819

Billion

Social Security
\$1,575

Income security programs
\$397

Certain veterans' programs
\$251

Federal civilian and military retirement benefits
\$210

Other programs
\$177

Billion

\$988 Medicare (net of offsetting receipts)

\$668 Medicaid

\$140 Premium tax credits and related spending

\$23 Other

\$1,418 Old-Age and Survivors Insurance

\$158 Disability Insurance

\$115 Earned income, child, and other tax credits

\$106 Supplemental Nutrition Assistance Program

\$65 Supplemental Security Income

\$39 Unemployment compensation

\$38 Family support and foster care

\$35 Child nutrition

\$201 Veterans' income security

\$51 Other

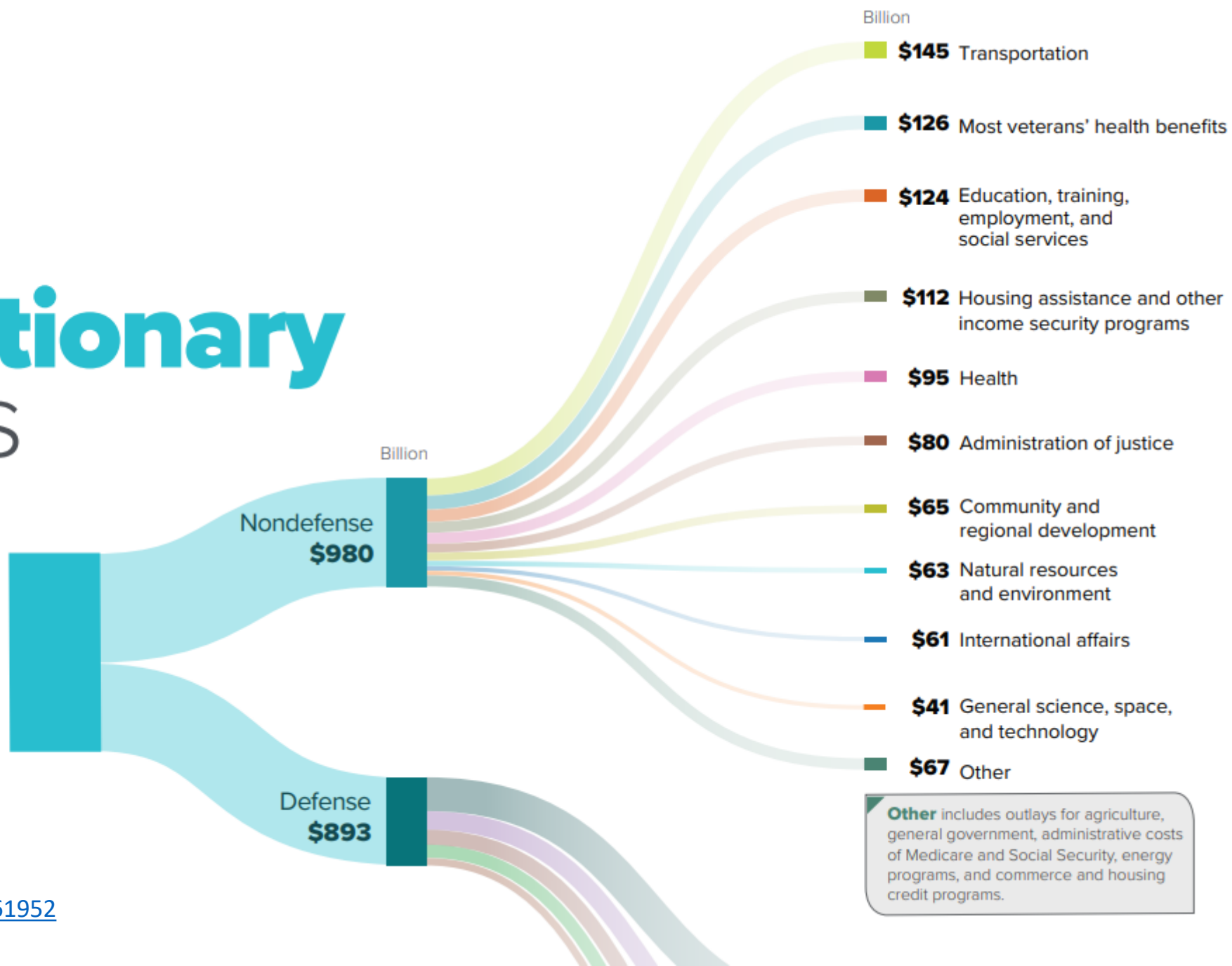
\$129 Civilian

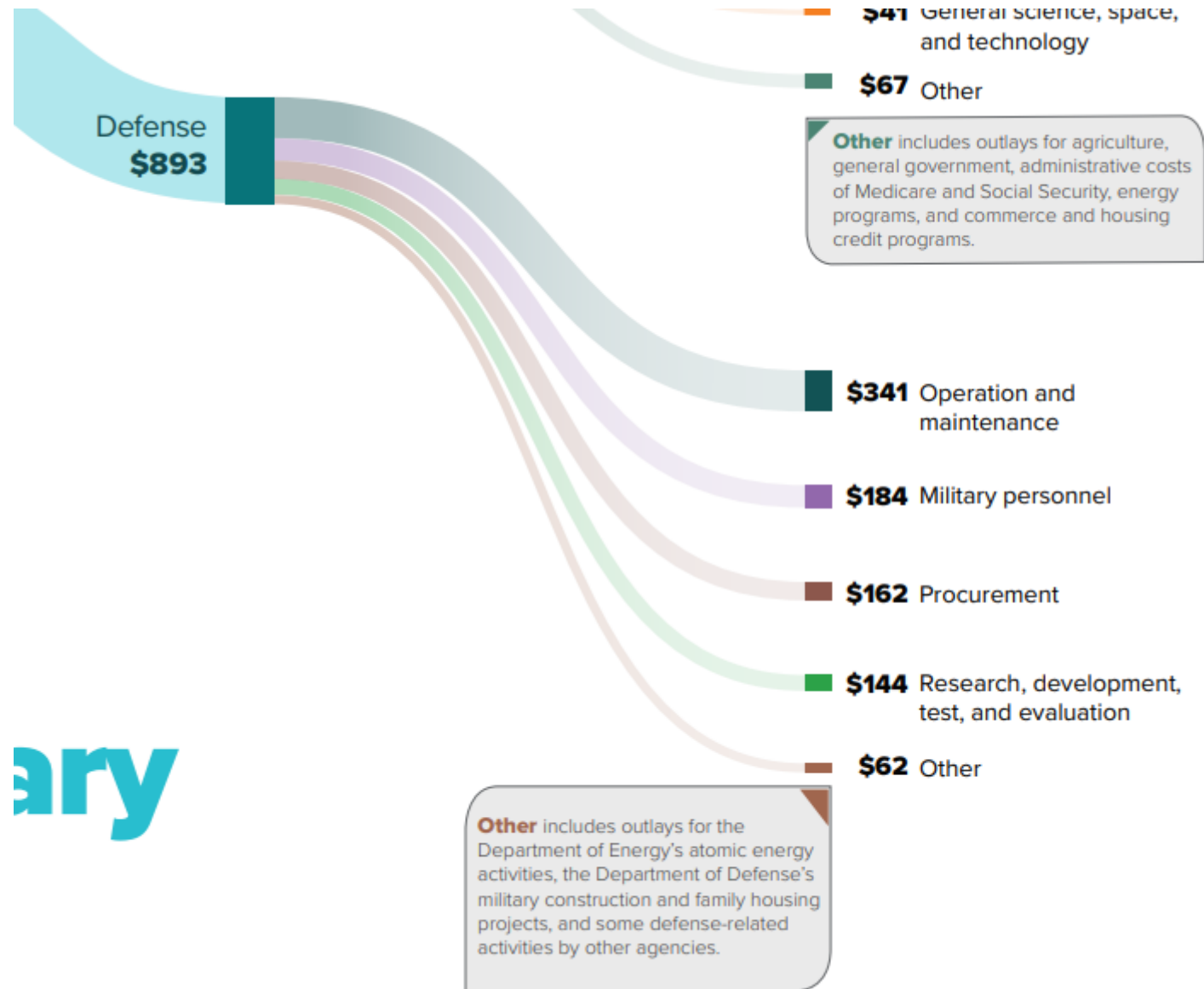
\$80 Military

Outlays for **other programs** include those for agriculture programs such as crop insurance; programs related to the administration of justice, including processing immigration claims; state and tribal assistance grants; the CHIPS Act; and support to educational institutions provided by the Education Stabilization Fund.

Discretionary Outlays

\$1.9
trillion





ary

Types of Expenditures

Federal

- Social Security
- Health Care
- Defense

State

- Education
- Public Health
- Criminal Justice

Local

- Schools
- Roads
- Police

What Are Taxes?

Taxes are **mandatory payments** individuals, households, and businesses make to **local, state, and national governments**.

What categories of Federal revenues affect you?



Types of Taxes

BUY

Sales tax: paid on many goods and services

Excise tax: paid by a consumer on a specific product type, such as gasoline



EARN

Income tax: paid on income from employment or investments



Payroll tax: paid on income to finance social insurance programs

OWN

Property tax: paid by the owners of land, buildings, and homes



Estate and inheritance taxes: paid based on the value of the money or property of someone who has died

SOURCE: <https://taxfoundation.org/the-three-basic-tax-types/>

Taxes and government expenditures are different at each level of government.



Federal

Property
Taxes

Sales
Taxes

Income
Taxes

Corporate
Taxes

Payroll
Taxes



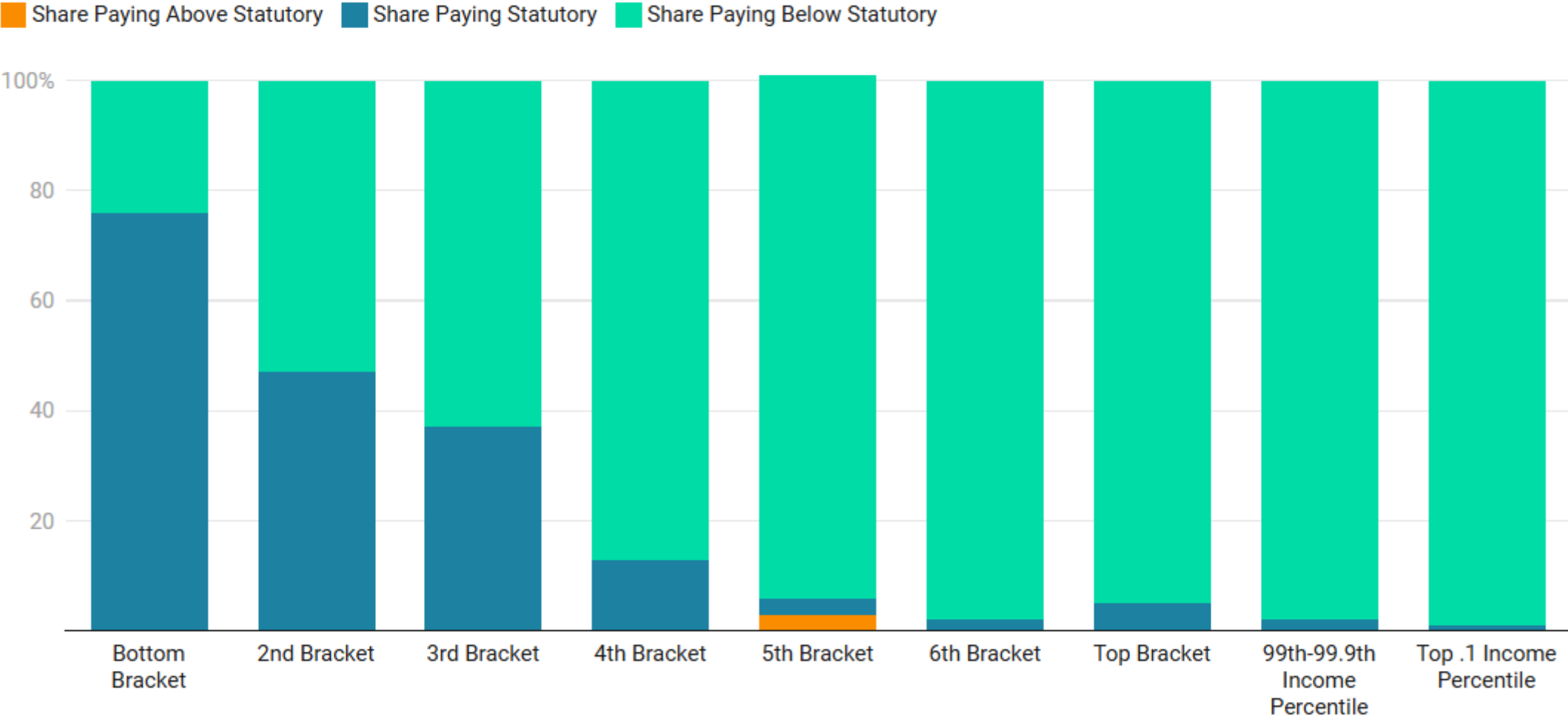
State



Local

			✓	✓	✓
		✓	✓	✓	
✓	✓	✓			

Figure 1. Distribution of Tax Filers with Respect to their Statutory Rates



Tariffs are a tax on imported goods. They are paid by some combination of three groups.

Foreign
Producers

American
importers
and
businesses

American
consumers

Figure 2. Effective Tariff Rate

Customs duties as a share of import value

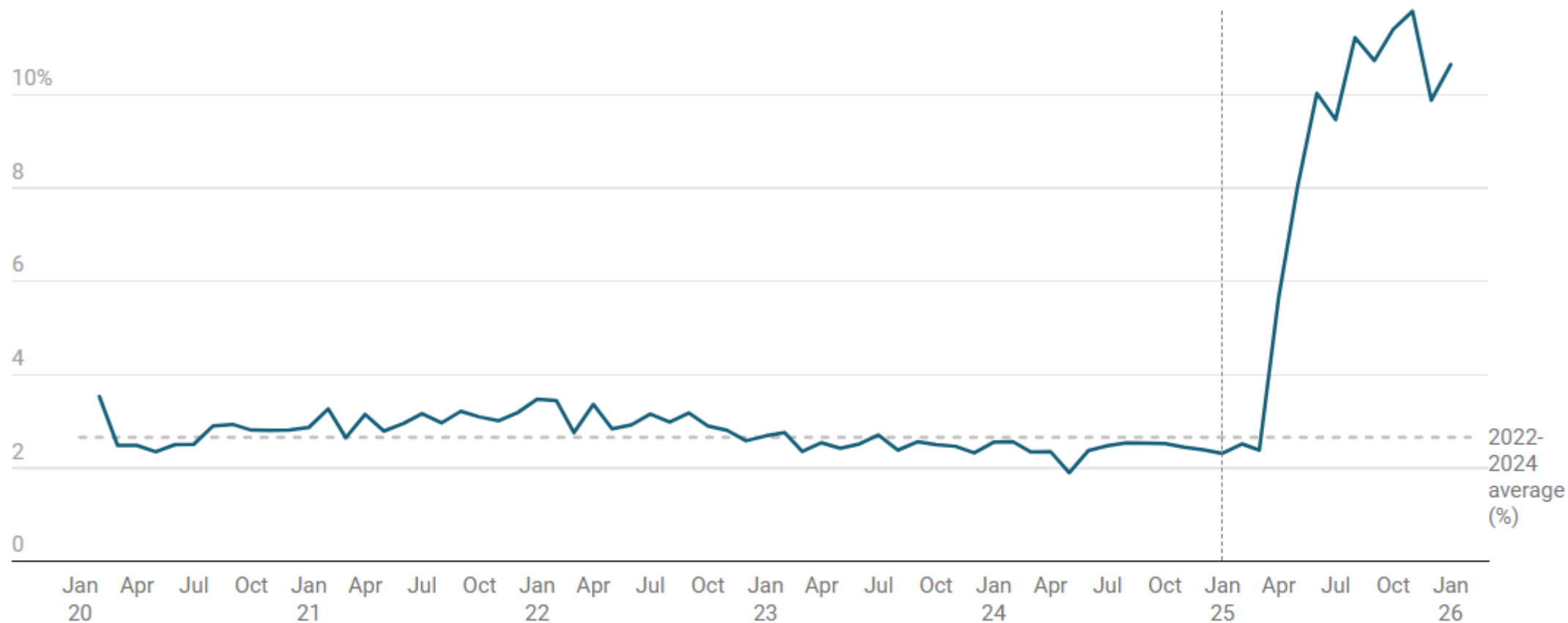
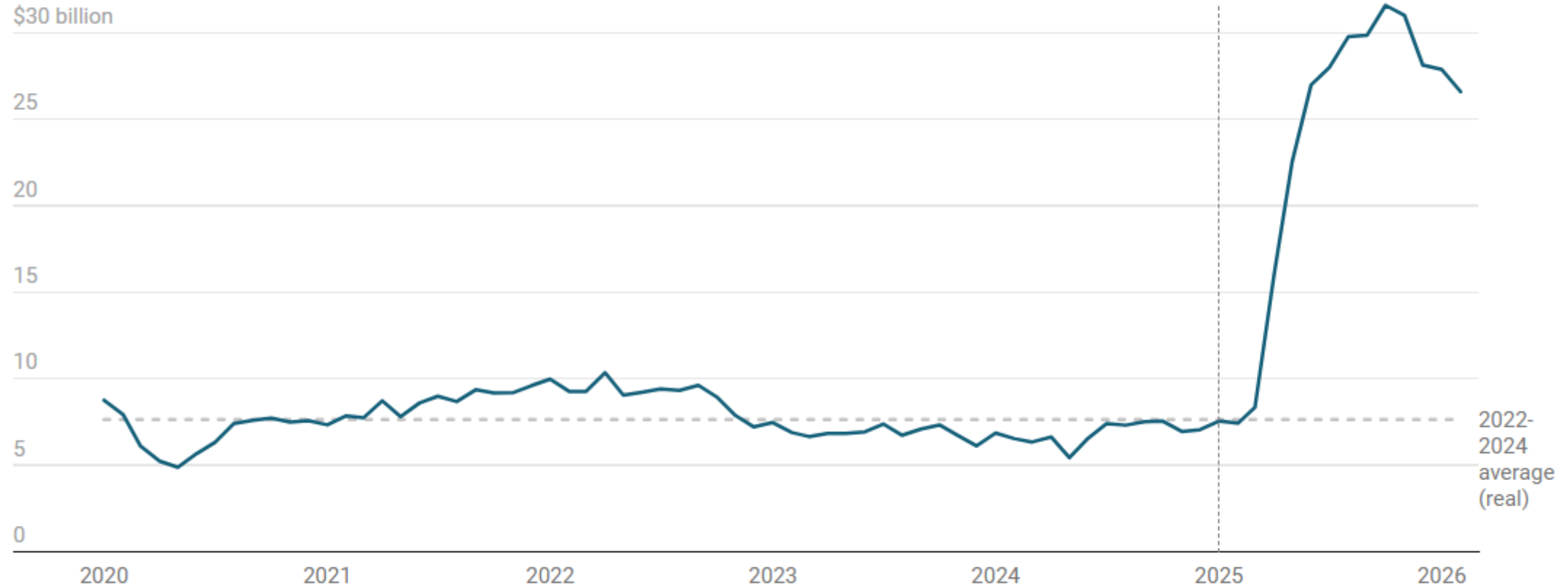


Chart: The Budget Lab • Source: U.S. Treasury, Census Bureau via Haver Analytics • [Get the data](#) • Created with [Datawrapper](#)

Figure 3. Customs Duty Revenue (Inflation-Adjusted)

Monthly federal customs duty revenue in 2025 dollars, deflated by CPI-U



October 2025 CPI interpolated (government shutdown delayed BLS release).

Chart: The Budget Lab • Source: US Treasury via Haver Analytics, BLS CPI • [Get the data](#) • Created with [Datawrapper](#)

Figure 4. PCE Core Goods & Durables Prices

Index (Dec 2024 = 100) versus local projection with 90% CIs

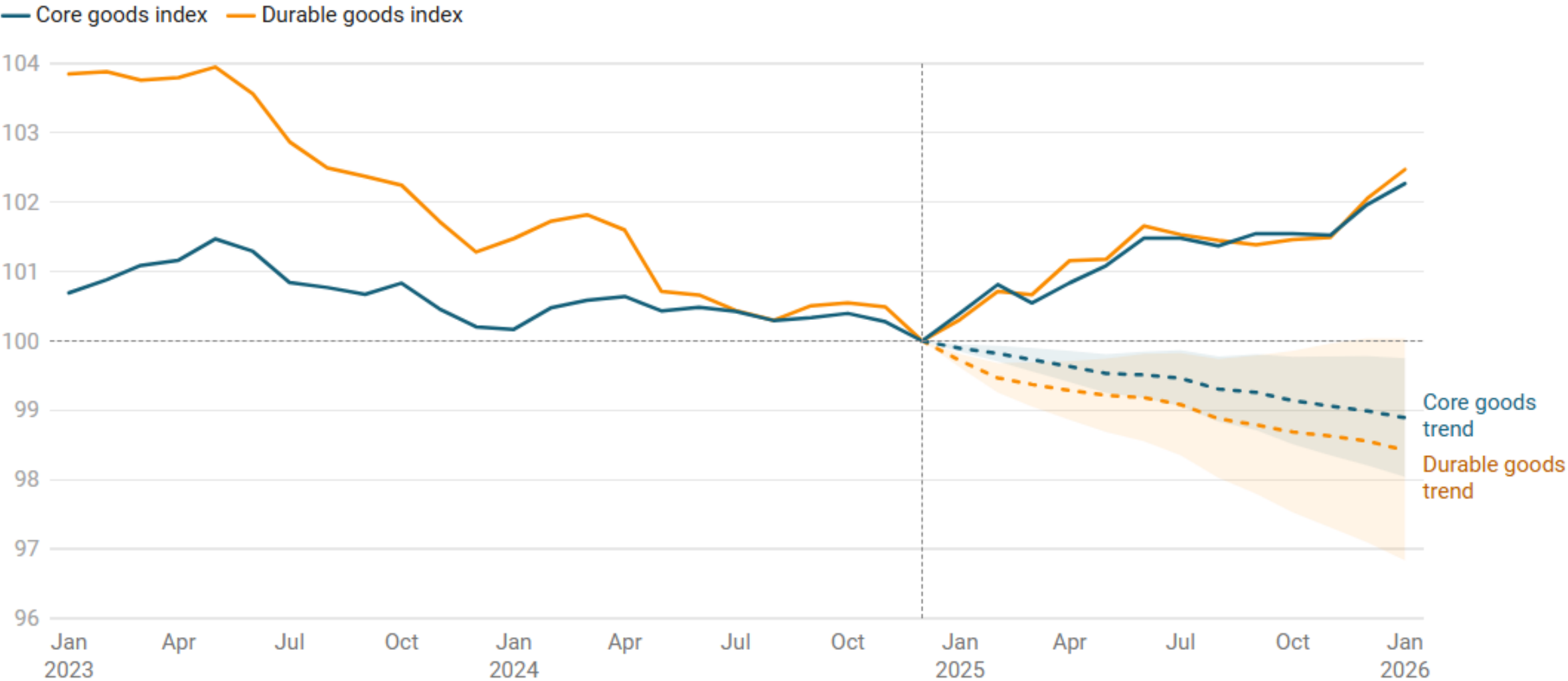


Chart: The Budget Lab • Source: Bureau of Economic Analysis via Haver Analytics, The Budget Lab analysis • [Get the data](#) • Created with [Datawrapper](#)

Figure 6. Imported PCE Core Goods & Durables Prices

Import-content-weighted index (Dec 2024 = 100) versus local projection with 90% CIs

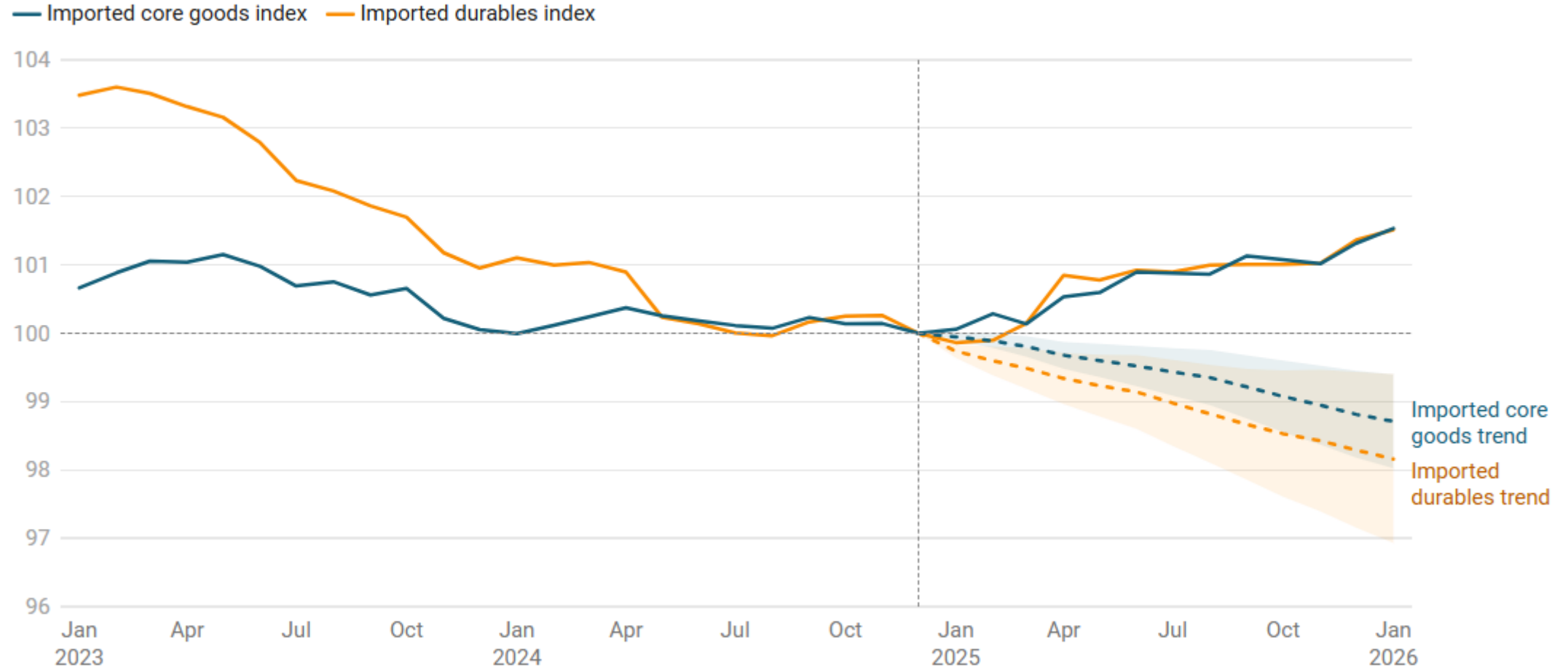
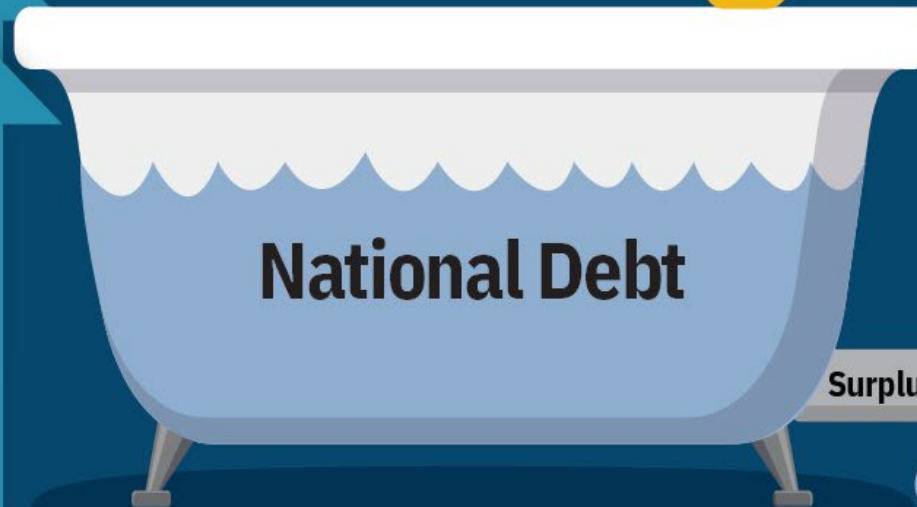


Chart: The Budget Lab • Source: BEA PCE components via Haver Analytics; BEA I-O Tables; and The Budget Lab analysis • [Get the data](#) • Created with [Datawrapper](#)

When revenue $\neq$ expenditures, the federal government runs a deficit or a surplus.

When the government spends more than it receives in revenue, it creates a **deficit**, and the **national debt** rises.



When the government receives more revenue than it spends, it creates a **surplus**, and the **national debt** goes down.

Surplus





Deficits and Debt

Government must borrow money when it runs a budget deficit

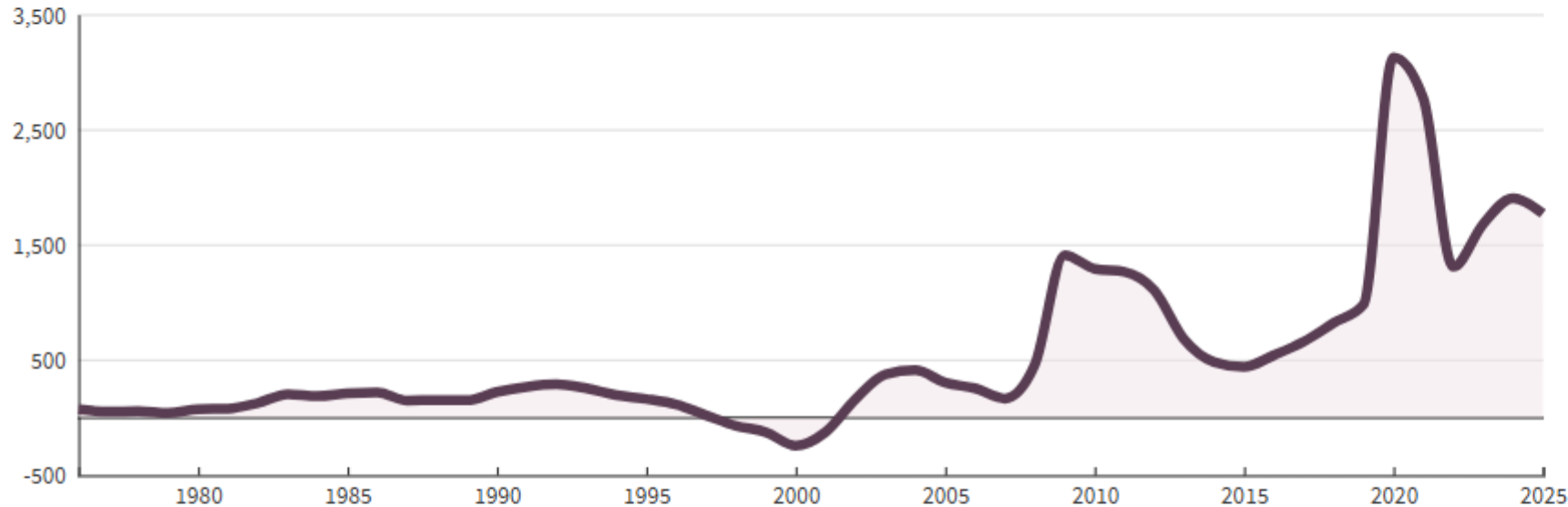
Government borrows from

- Individuals
- Corporations
- Financial institutions
- Foreign entities or foreign governments

Deficits and Debt

Federal Deficits or Surpluses, 1976 to 2025

Billions of Dollars



**Annual Deficit:
Amount by Which
Outlays Exceed
Revenues**

To fund government spending in years of deficits, the Treasury borrows from individuals, businesses, the Federal Reserve, and other countries.

Percentage of GDP

Dollars

5.8%
of GDP

Deficit in
2025

3.8%
of GDP

Average deficit
over the past
50 years

\$1.8
trillion

Deficit in
2026

99%
of GDP

Debt held by the
public at the end
of 2025

51%
of GDP

Debt held by the public,
on average, over the
past 50 years

Since 2015, legislation has raised annual interest costs by:

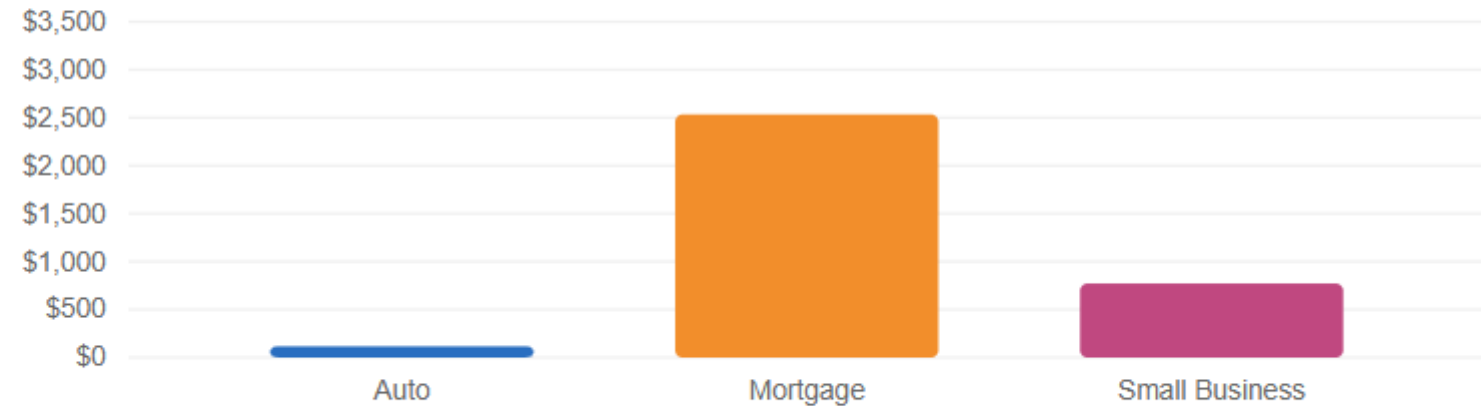
AUTO LOAN
 **\$117**

MORTGAGE
 **\$2,534**

SMALL BUSINESS LOAN
 **\$772**

Annual Added Cost

Extra interest paid each year



<https://budgetlab.yale.edu/research/deficits-and-affordability-tool>

Over the life of a loan, these costs add up:



AUTO LOAN
1.6%

of the loan principal



MORTGAGE
22.3%

of the loan principal

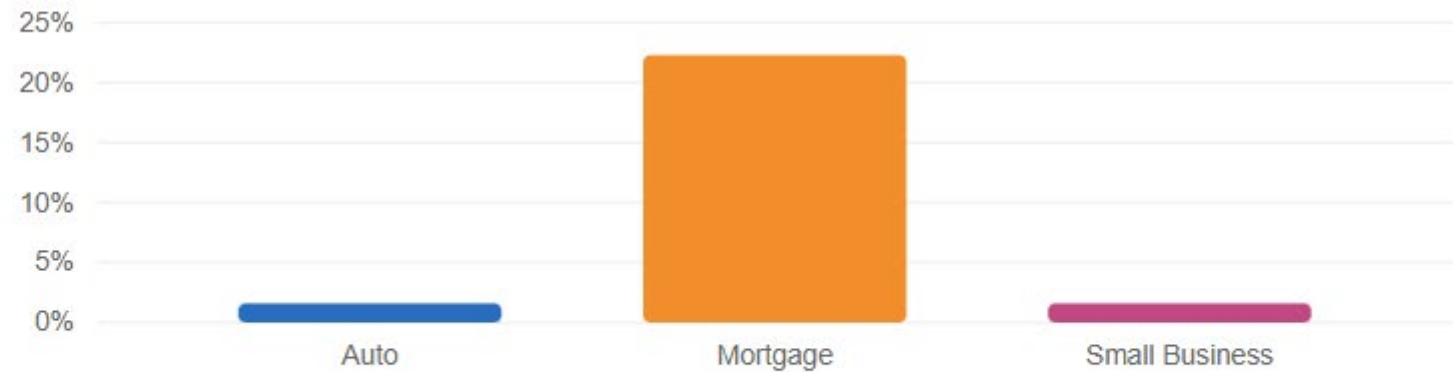


SMALL BUSINESS LOAN
1.6%

of the loan principal

Lifetime Added Cost

As a percentage of loan principal



<https://budgetlab.yale.edu/research/deficits-and-affordability-tool>

What is the Goal?

Spending

- Social Security
- NASA
- Food stamps
- Defense Spending

Taxes

- Capital gains
- Tariffs

Deductions

- Mortgage interest
- Student loan interest
- Charitable donations

A photograph of the Federal Reserve Building in Washington, D.C. The building is a large, white, neoclassical structure with a prominent portico supported by columns. A wide, paved walkway leads directly to the entrance. The sky is blue with some clouds, and an American flag flies on a tall pole in front of the building. The text "Monetary Policy" is overlaid in white, bold, sans-serif font across the center of the image.

Monetary Policy

THE FEDERAL RESERVE BANK OF ATLANTA

The Fed Explained

The Federal Reserve is the central bank of the United States, with responsibility for overseeing the nation's monetary system.





Federal Open Market Committee



Monetary Policy

The actions of a **central bank** that influence the **availability and cost of money and credit** to achieve **national economic goals**.



From the Federal Reserve Act – Section 2A. Monetary policy objectives

The **Board of Governors of the Federal Reserve System and the Federal Open Market Committee** shall maintain long run growth of the monetary and credit aggregates commensurate with the economy's long run potential to increase production, so as to promote effectively the goals of **maximum employment, stable prices, and moderate long-term interest rates.**

The Dual Mandate

The Federal Reserve sets its policies to promote the following two conditions:

Maximum employment

An unemployment rate of

3.5–4.5%

as reflected in the FOMC's Summary of Economic Projections

Price stability

A target inflation rate that overtime averages

2%

Table 1. Economic projections of Federal Reserve Board members and Federal Reserve Bank presidents, under their individual assumptions of projected appropriate monetary policy, March 2026

Percent

Variable	Median ¹				Central Tendency ²				Range ³			
	2026	2027	2028	Longer run	2026	2027	2028	Longer run	2026	2027	2028	Longer run
Change in real GDP	2.4	2.3	2.1	2.0	2.2–2.5	2.0–2.4	2.0–2.3	1.8–2.0	2.1–2.7	2.0–2.7	1.8–2.7	1.7–2.5
December projection	2.3	2.0	1.9	1.8	2.1–2.5	1.9–2.3	1.8–2.1	1.8–2.0	2.0–2.6	1.8–2.6	1.7–2.6	1.7–2.5
Unemployment rate	4.4	4.3	4.2	4.2	4.3–4.5	4.2–4.4	4.0–4.4	4.0–4.3	4.3–4.6	4.0–4.5	4.0–4.5	3.8–4.5
December projection	4.4	4.2	4.2	4.2	4.3–4.4	4.2–4.3	4.0–4.3	4.0–4.3	4.2–4.6	4.0–4.5	4.0–4.5	3.8–4.5
PCE inflation	2.7	2.2	2.0	2.0	2.6–3.1	2.0–2.3	2.0	2.0	2.3–3.3	1.8–2.4	1.9–2.2	2.0
December projection	2.4	2.1	2.0	2.0	2.3–2.5	2.0–2.2	2.0	2.0	2.2–2.7	2.0–2.3	2.0	2.0
Core PCE inflation ⁴	2.7	2.2	2.0		2.5–2.8	2.0–2.4	2.0		2.2–3.0	2.0–2.5	2.0–2.2	
December projection	2.5	2.1	2.0		2.4–2.6	2.0–2.2	2.0		2.2–2.7	2.0–2.5	2.0	
Memo: Projected appropriate policy path												
Federal funds rate	3.4	3.1	3.1	3.1	3.1–3.6	2.9–3.6	2.9–3.6	2.9–3.5	2.6–3.6	2.4–3.9	2.6–3.9	2.6–3.9
December projection	3.4	3.1	3.1	3.0	2.9–3.6	2.9–3.6	2.8–3.6	2.8–3.5	2.1–3.9	2.4–3.9	2.6–3.9	2.6–3.9

<https://www.federalreserve.gov/monetarypolicy/fomccalendars.htm>

Economy at a Glance

Policy Rate

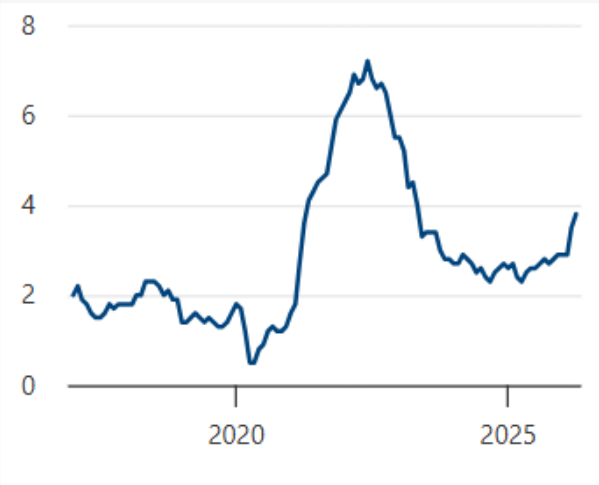
Fed Funds Target Range

3.50% to 3.75%

[View More](#)

Inflation (PCE)

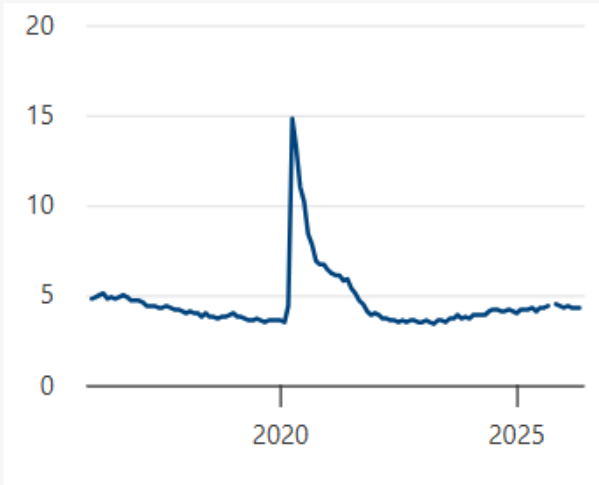
3.8% April 2026



Source: Bureau of Economic Analysis
[View More](#)

Unemployment Rate

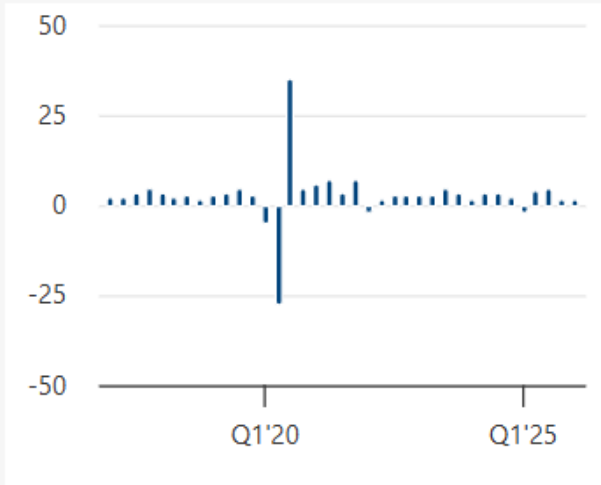
4.3% May 2026



Source: U.S. Bureau of Labor Statistics
[View More](#)

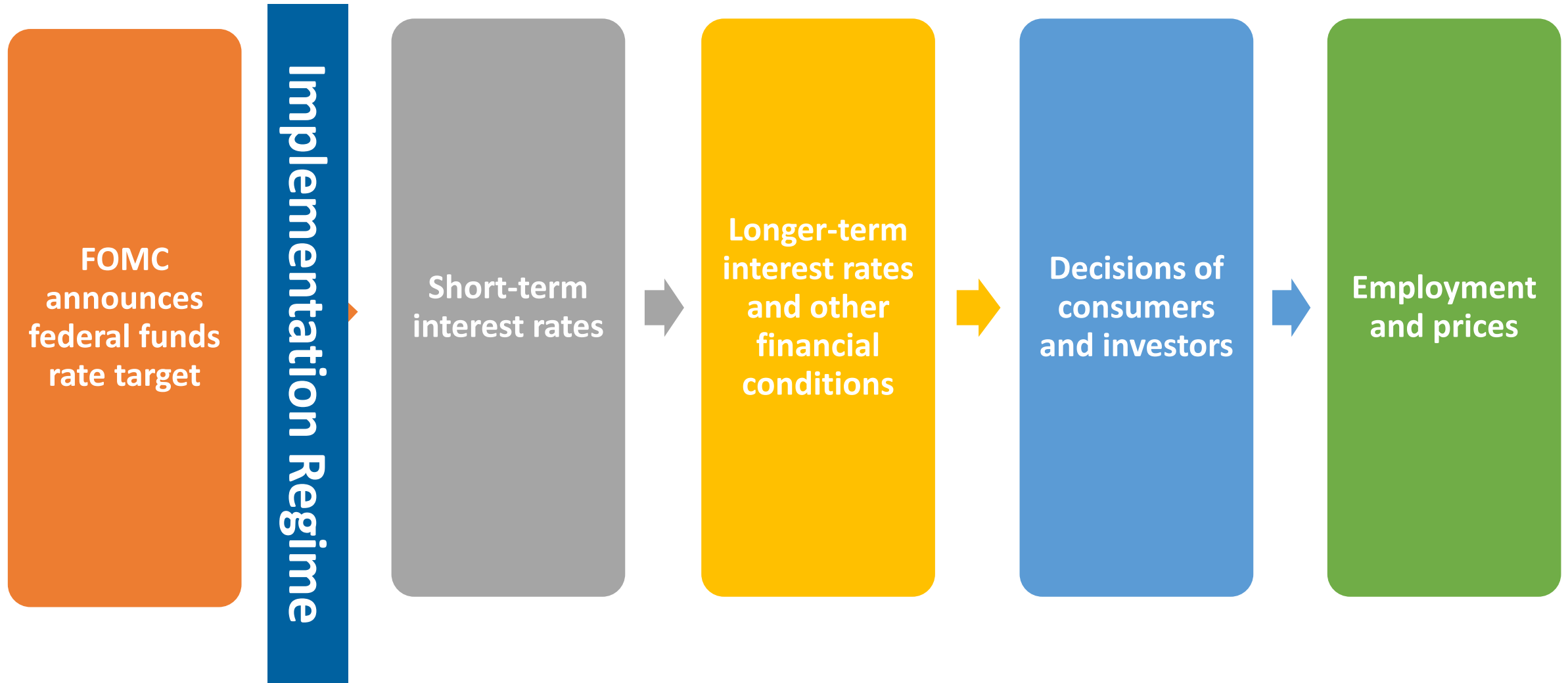
Gross Domestic Product (GDP)

+1.6% Q1 2026

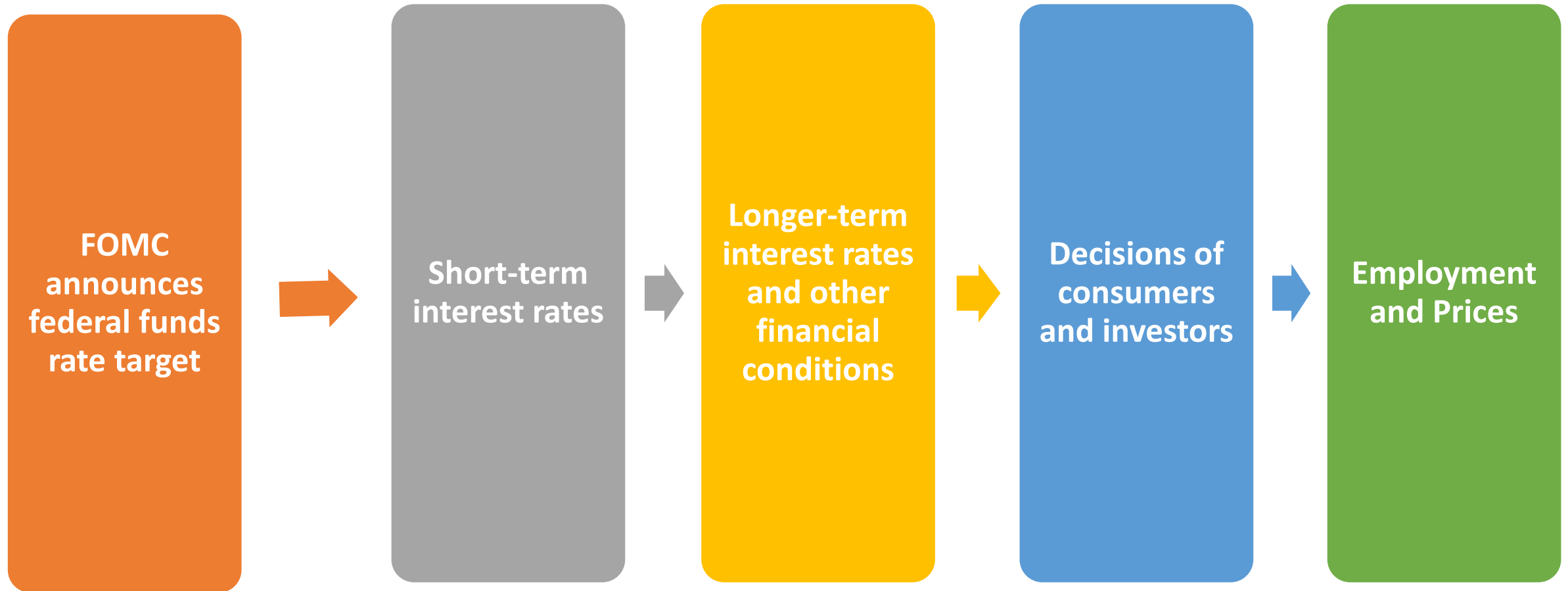


Source: Bureau of Economic Analysis
[View More](#)

Monetary Policy's Effect



Monetary Policy's Effect

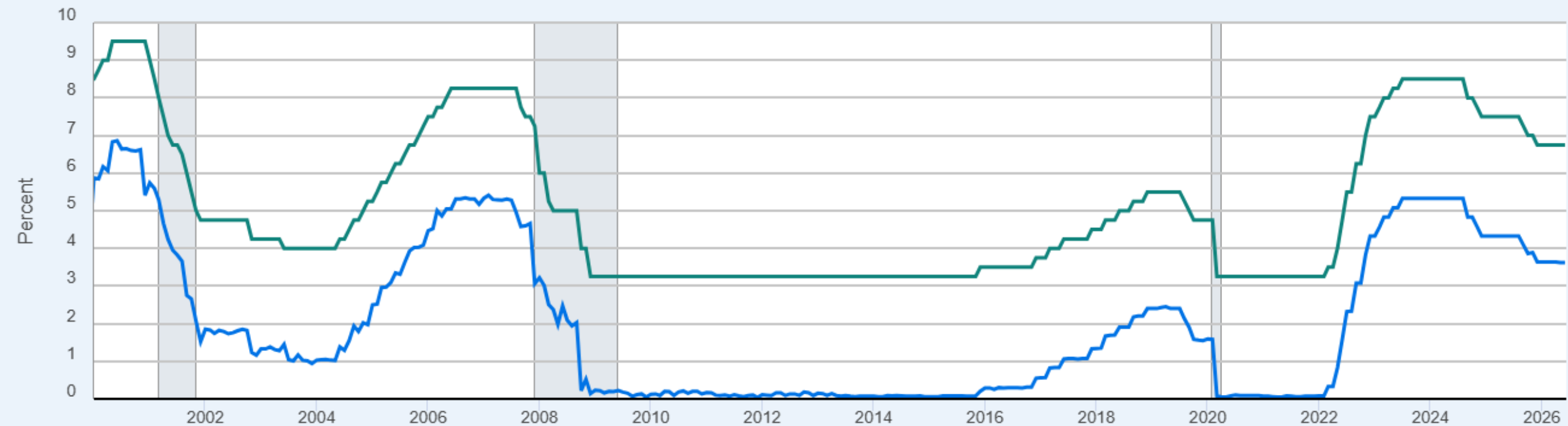


The federal funds rate is a market interest rate on loans of reserves between banks and other institutions.

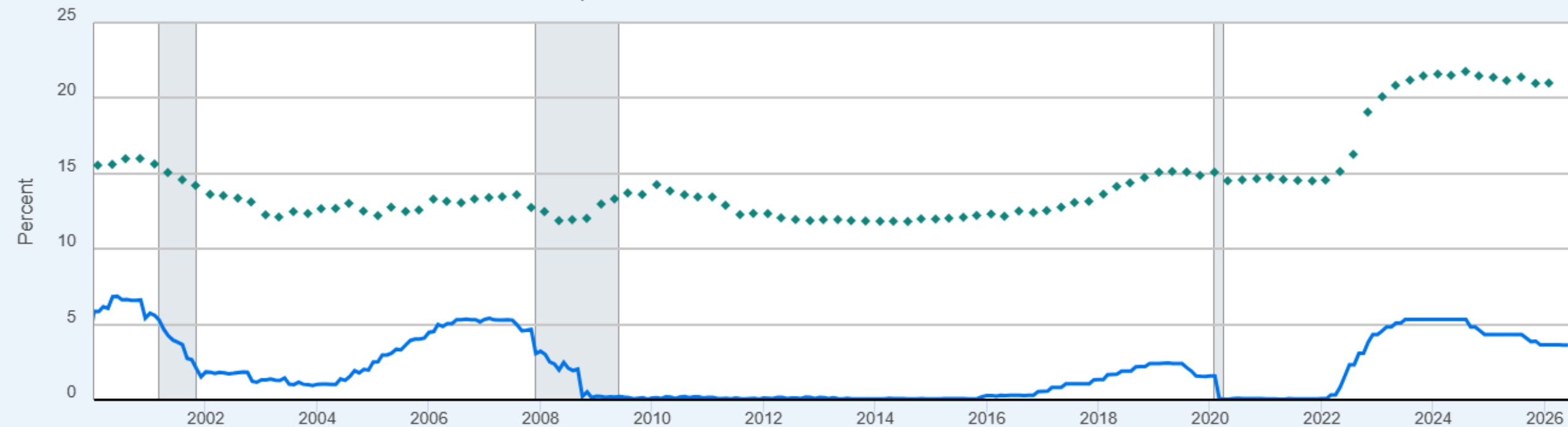
The loans usually overnight and not collateralized.

The FOMC does not set the FFR. It targets a range for the FFR.

<https://www.federalreserve.gov/economy-at-a-glance-policy-rate.htm>



Source: Board of Governors of the Federal Reserve System (US) via FRED®
Shaded areas indicate U.S. recessions.



Source: Board of Governors of the Federal Reserve System (US) via FRED®
Shaded areas indicate U.S. recessions.

Low Rate Card

Interest Rates and Interest Charges

Annual Percentage Rate (APR) for Purchases

2.9% introductory APR for six months.

After that, your APR will be **11.74%**. This APR will vary with the market based on the Prime Rate. ^a

APR for Balance Transfers and Cash Advances

2.9% introductory APR for six months.

After that, your APR will be **11.74%**. This APR will vary with the market based on the Prime Rate. ^a

Penalty APR and When it Applies

20.74% - This APR will vary with the market based on the Prime Rate. ^b

This APR may be applied if you allow your Account to become 60 days past due.

How Long Will the Penalty Apply? If your APR is increased for the reason stated above, the Penalty APR will apply until you make three consecutive minimum payments when due.

Paying Interest

Your due date is at least 25 days after the close of each billing cycle. We will not charge you any interest on purchases if you pay your entire balance by the due date each month. We will begin charging interest on cash advances and balance transfers on the transaction date.

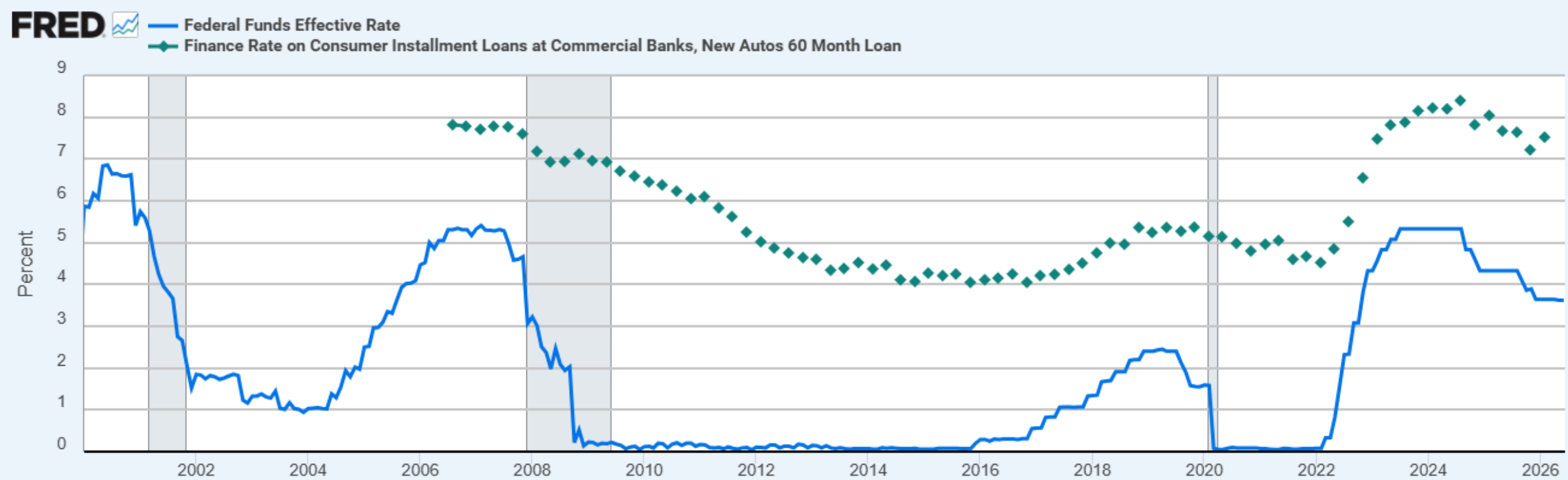
For Credit Card Tips from the Consumer Financial Protection Bureau

To learn more about factors to consider when applying for or using a credit card, visit the website of the Consumer Financial Protection Bureau at <http://www.consumerfinance.gov/learnmore/>.

Prime Rate: After the introductory rate, the APR will vary based on changes in the Index, the Prime Rate (the base rate on corporate loans posted by at least 70% of the 10 largest U.S. banks) published in the *Wall Street Journal*. The Index will be adjusted on the 25th day of each month or the business day preceding the 25th day if that day falls on a weekend or a holiday recognized by the Board of Governors of the Federal Reserve System. Changes in the Index will take effect beginning with the first billing cycle in the month following a change in the Index. Increases or decreases in the Index will cause the APR and periodic rate to fluctuate, resulting in increased or decreased Interest Charges on the Account. As of March 23, 2018, the Index was 4.75%.

^a We add 6.99% to the Prime Rate to determine the APR for Purchases, Balance Transfers, and Cash Advances. The Account will never have an APR over 21%.

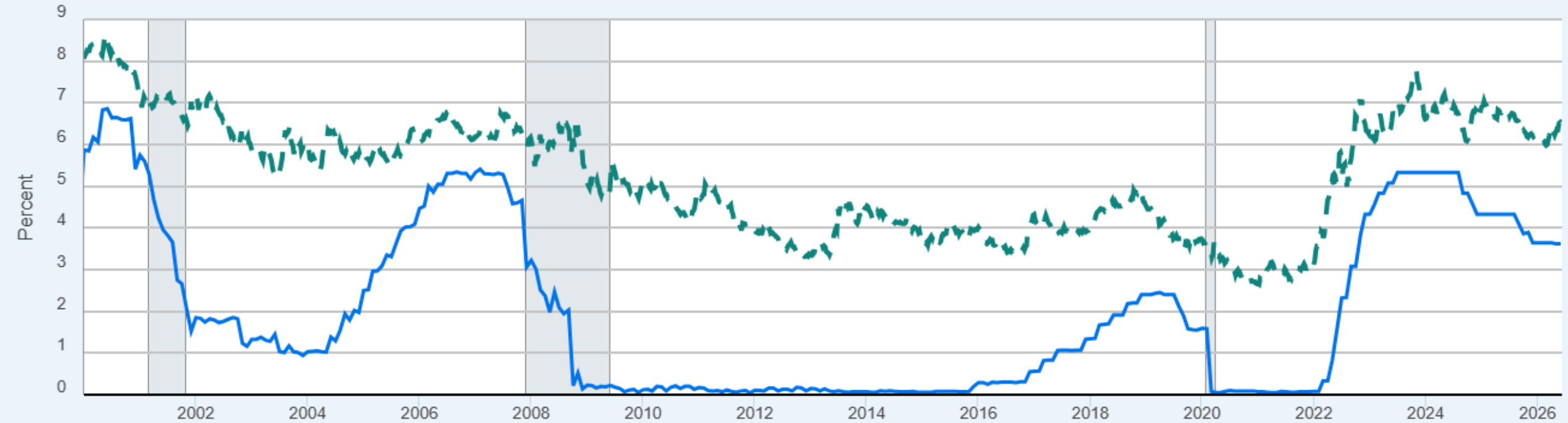
^b We add 15.99% to the Prime Rate to determine the Penalty APR. The Account will never have an APR over 21%.



Source: Board of Governors of the Federal Reserve System (US) via FRED®
Shaded areas indicate U.S. recessions.

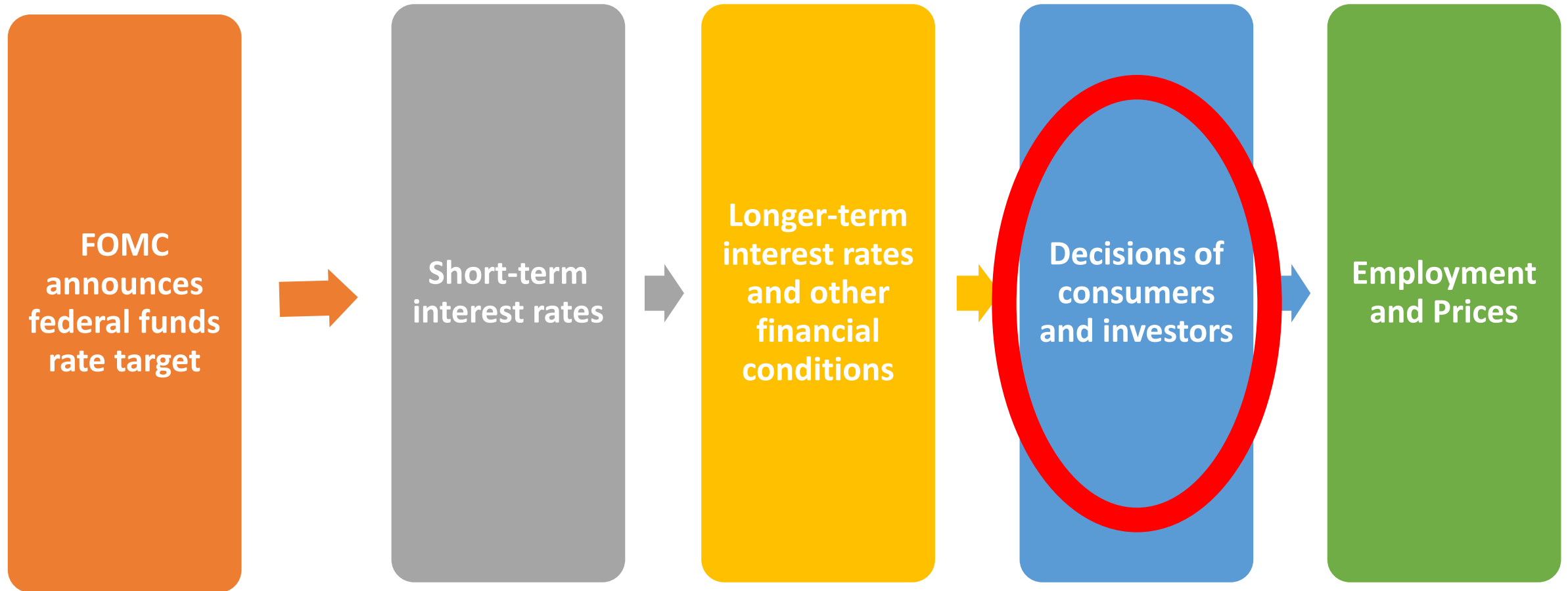
fred.stlouisfed.org

FRED — Federal Funds Effective Rate
— 30-Year Fixed Rate Mortgage Average in the United States



Sources: Board of Governors of the Federal Reserve System (US); Freddie Mac via FRED®
Shaded areas indicate U.S. recessions.

Monetary Policy's Effect



The graphic features a large white circle centered on an orange background. A dashed yellow line arcs from the top left towards the circle. A solid blue circle is positioned at the bottom right edge of the white circle.

Quiz Time!

**Is the story about fiscal policy
or monetary policy?**



ARCHIVES

The Fed and the 2008 financial crisis

by **Matthew Yglesias**

Updated May 13, 2015, 12:20 PM EDT



Economy Will Suffer

'Slowing Pains' Said Necessary to Future National Prosperity



WASHINGTON (UPI) — President Nixon warns that the economy will suffer "slowing pains" in 1970 but says these are necessary to carry the nation safely into the era of trillion dollar prosperity.

In his annual Economic Report to Congress released Friday night, Nixon stressed his determination to continue fighting inflation and sketched his hopes for renewed growth and more rational use of our national wealth once the

said he did know "that if monetary policy remains too restrictive too long we have a recession..."

Nixon's former economic adviser, Arthur F. Burns, takes over today as chairman of the Federal Reserve Board.

Nixon also told the news conference he did not expect a recession and he described his budget as "a major blow in stopping the inflation psychology."

The Economic Report, which usually follows the federal budget, was released

BUSINESS

Recessions hard for presidents to remedy

By **JULIE MASON**, Copyright 2008 Houston Chronicle Washington Bureau

March 24, 2008

Finance & economics | The Volcker recession

Who beat inflation?

A look back at the other Great Recession

Obama signs \$787bn economic stimulus bill

US president signs historic spending legislation during stop in Denver, Colorado



📷 Joe Biden watches Barack Obama sign the \$787bn bill into law in Denver, Colorado. Photograph: Jim Watson/AFP Getty Images

FEDERAL RESERVE

Powell says taming inflation 'absolutely essential,' and a 50 basis point hike possible for May

PUBLISHED THU, APR 21 2022•1:24 PM EDT | UPDATED FRI, APR 22 2022•3:34 PM EDT



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@JEFFCOXCNBCCOM

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[Home](#) > [Coronavirus](#) > CARES Act Expands Unemployment Insurance Benefits

CARES Act Expands Unemployment Insurance Benefits

By [Allison Martin](#), [Evandro Gigante](#), [Harris Mufson](#) & [Jacob P. Tucker](#) on April 5, 2020

MONEYWATCH

The Fed cut rates for the first time in 4 years. What does that mean for your money?

MONEY
WATCH

By Aimee Picchi, Mary Cunningham

Edited By Anne Marie D. Lee

Updated on: September 19, 2024 / 8:22 AM EDT / CBS News





An Intro to FRE.org: One Site for All Your Economics & Personal Finance Needs



with the Federal Reserve Education Team

Why FRE.org?



One-stop shopping for you

Find all resources in one place rather than visiting several Federal Reserve websites.



Add resources to the LMS you already use

Easily add resources to your LMS instead of directing students to another website.



No data privacy issues

Know that we value data privacy and security and don't save any student information, reducing barriers to using our resources.



Key Website Features



Welcome to Federal Reserve Education!

Brought to you by the Federal Reserve Bank system,
fre.org is a FREE platform with online resources for K-12
and college classrooms

GET STARTED!



**Explore
Resources**



**Professional
Development**



**Glossary of
Terms**

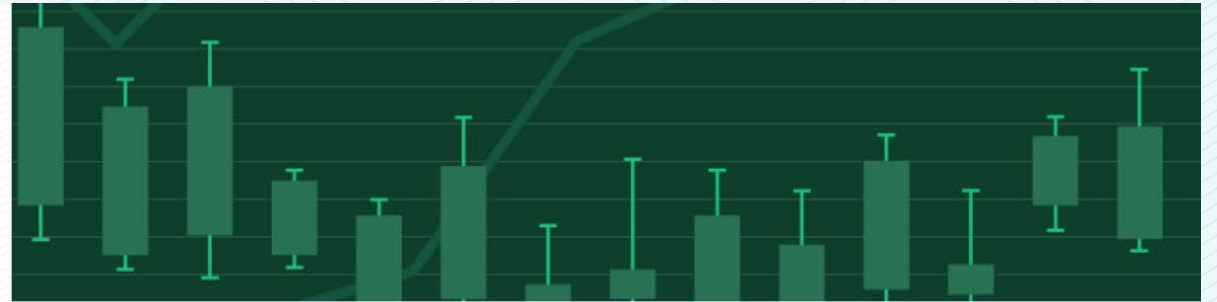


Explore Resources

DISCOVER YOUR NEXT RESOURCE

Teaching Resources

Explore free teaching resources like lesson plans, interactive modules and videos to bring economics to life in your classroom.



Search Resources...



Subject



Topic



Resource Type



Grade Level



Duration



Available Resources

- **Audio Q & As**
- **Curriculum Units**
- **FRED Graphs**
- **Infographics & Comics**
- **Lessons & Activities**
- **Modules**
- **Reading Q & As**
- **Video Q & As**



Questions?

princeton.williams@atl.frb.org